



CULTIVATING AFFIRMATION & BELONGING FOR LGBTQIA+ YOUTH

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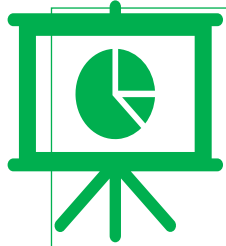




Kaleidoscope Youth Center is the largest and longest serving organization in Ohio solely dedicated to serving and supporting LGBTQIA+ youth.



CONTEXT



Historical inequality
of sexual rights



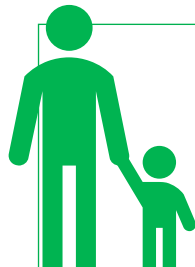
History of mental
health treatment



Discrimination's
effects on young
people



"-isms" in systems
and institutions



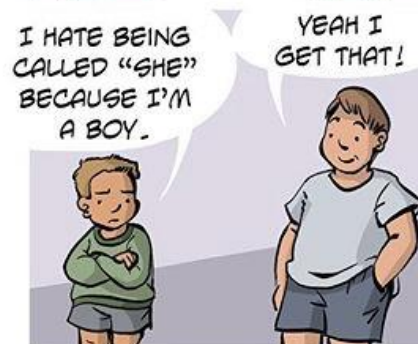
Adulthood



SELF-AFFIRMATION

for cisgender kids

for transgender kids



Sophie



Teaching K-5 students about LGBTQ identities is not about teaching sex-ed. These lessons help kids find the words to accurately describe the people they see everyday.

No one is too young to learn about love and respect for the diverse individuals and families in their school community.



TODAY'S AGENDA

Youth
Experiences

Discrimination
& Risk Factors

Visible
Allyship

Action Steps

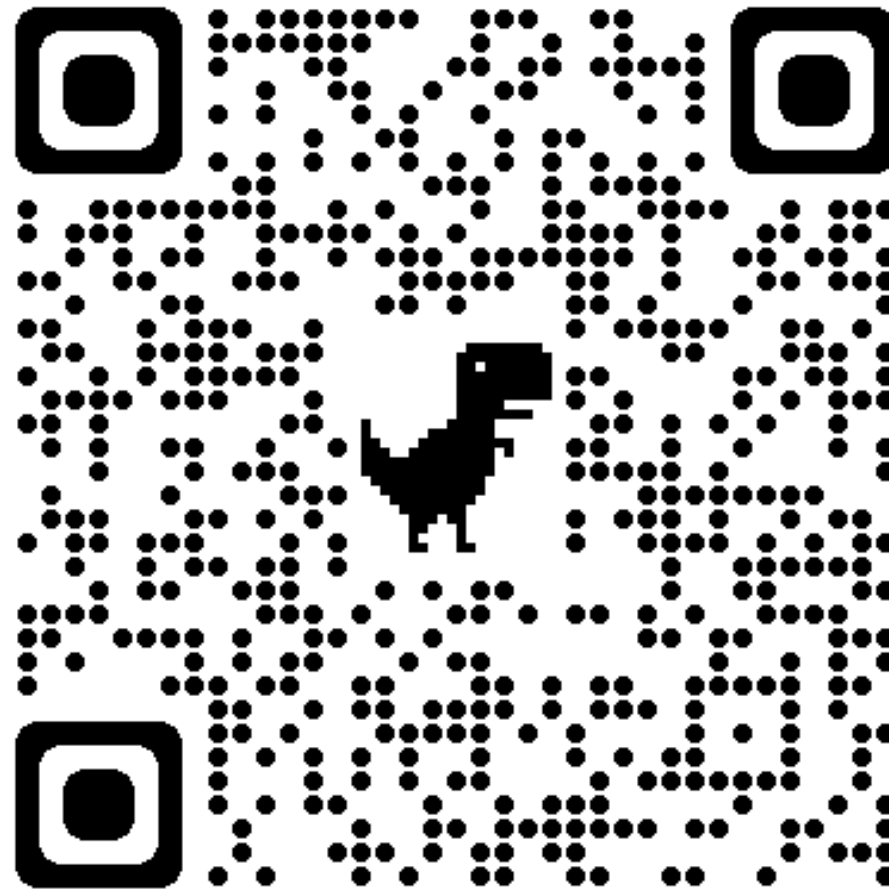




EXPERIENCES OF LGBTQ+ STUDENTS

Findings from the GLSEN 2019 National School Climate Survey demonstrate that **Ohio schools were not safe for most LGBTQ+ secondary school students.**

In addition, many LGBTQ+ students in Ohio **did not have access** to important school resources, such as an LGBTQ-inclusive curriculum, and **were not protected** by supportive and inclusive school policies.



Kosciw, J.G., Greytak, E.A, Zongrone, A.D., Clark, C.M., & Truong, N.L. (2018). *The 2017 National School Climate Survey: The experiences of lesbian, gay, bisexual, transgender, and queer youth in our nation's schools.* New York: GLSEN.



DISCRIMINATION IN OHIO SCHOOLS

LGBTQ+ students in Ohio are regularly prevented from:



Expressing public displays of affection (PDA) in school



Using the bathroom that aligns with their gender



Using the locker room that aligns with their gender



Using their chosen name or gender pronouns

Kosciw, J.G., Greytak, E.A, Zongrone, A.D., Clark, C.M., & Truong, N.L. (2018). *The 2017 National School Climate Survey: The experiences of lesbian, gay, bisexual, transgender, and queer youth in our nation's schools*. New York: GLSEN.



DISCRIMINATION IN OHIO SCHOOLS

LGBTQ+ students in Ohio are regularly prevented from:



Wearing clothing considered inappropriate for their gender



Including LGBTQ+ themes in extracurricular activities



Discussing LGBTQ+ issues in assignments



Wearing LGBTQ+ supportive apparel

Kosciw, J.G., Greytak, E.A, Zongrone, A.D., Clark, C.M., & Truong, N.L. (2018). *The 2017 National School Climate Survey: The experiences of lesbian, gay, bisexual, transgender, and queer youth in our nation's schools*. New York: GLSEN.

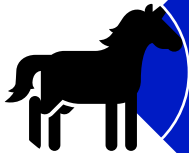


DISCRIMINATION IN OHIO SCHOOLS

LGBTQ+ students in Ohio are often:



Unable to bring a same-gender date to a school dance



Unable to form a GSA



Prevented or discouraged from playing school sports due to an LGBTQ identity



Disciplined at school for identifying as LGBTQ



Kosciw, J.G., Greytak, E.A, Zongrone, A.D., Clark, C.M., & Truong, N.L. (2018). *The 2017 National School Climate Survey: The experiences of lesbian, gay, bisexual, transgender, and queer youth in our nation's schools*. New York: GLSEN.

Anti-LGBTQ Discrimination means:

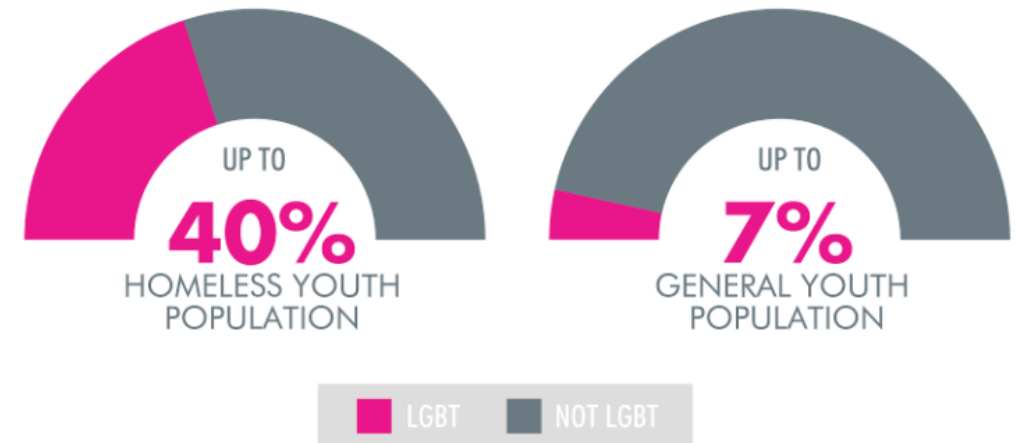
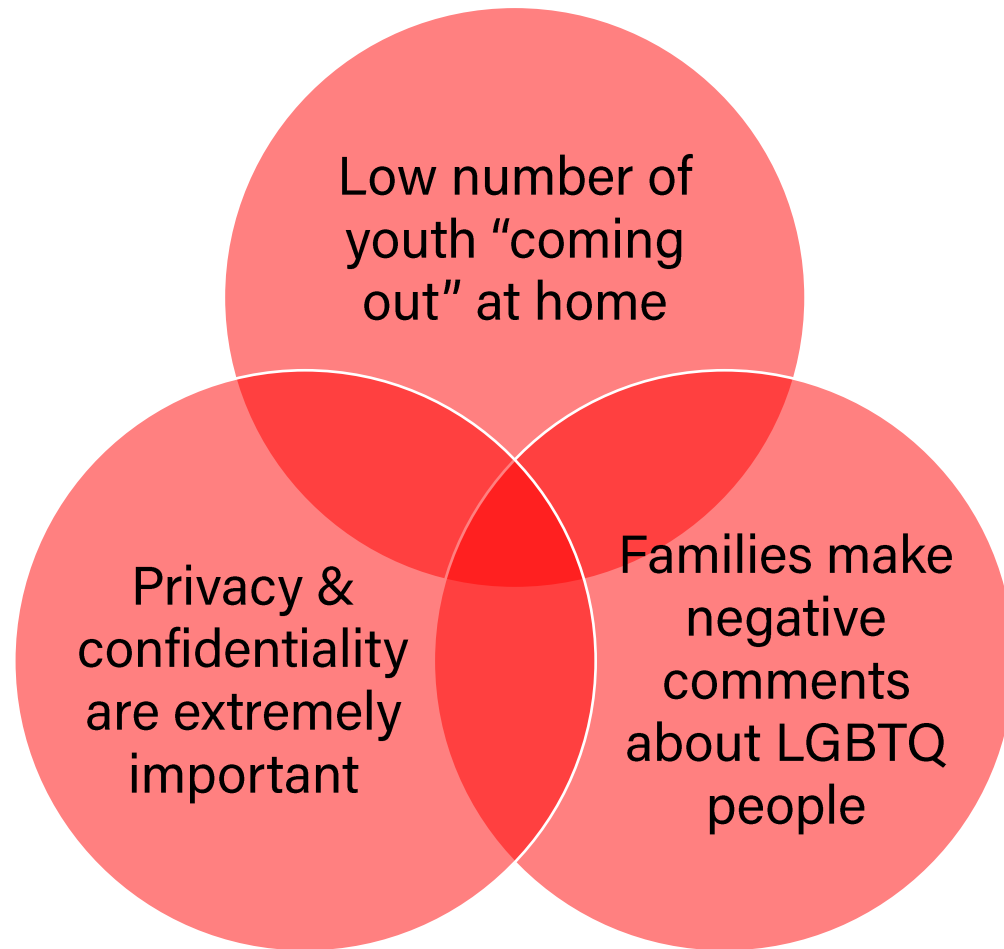
- more missed school
- lower GPAs
- lower self-esteem

Source: 2019 National School Climate Survey
Learn more at glsen.org/nscs

GLSEN[®]



EXPERIENCES AT HOME



Green, A.E., Price-Feeney, M. & Dorison, S.H. (2020). *Implications of COVID-19 for LGBTQ Youth Mental Health and Suicide Prevention*. New York: The Trevor Project.
James, S.E., Herman, J.L., Rankin, S., Keisling, M., Mottet, L., & Anafi, M. (2016). *The Report of the 2015 U.S. Transgender Survey*. Washington, DC: National Center for Transgender Equality.



SUICIDE RISK

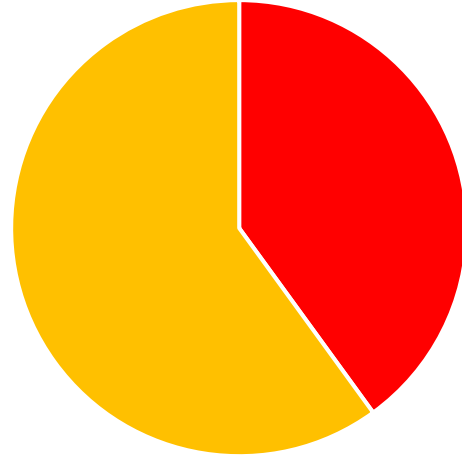
LGB youth who come from **highly rejecting families** are **8.4 times** as likely to have attempted suicide as LGB peers who reported **no or low levels of family rejection**.

Each episode of LGBT victimization, such as physical or verbal harassment or abuse, **increases the likelihood of self-harming** by 2.5 times on average.

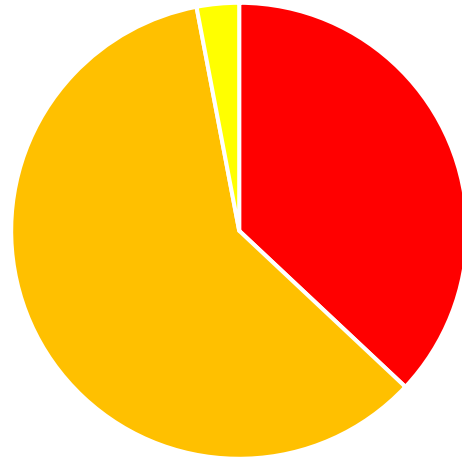


SUICIDE RISK

In a national study, **40% of transgender adults** reported having made a suicide attempt.



92% of these individuals reported having attempted suicide before the age of 25.



James, S.E., Herman, J.L., Rankin, S., Keisling, M., Mottet, L., & Anafi, M. (2016). *The Report of the 2015 U.S. Transgender Survey*. Washington, DC: National Center for Transgender Equality.



BUT WHAT DOES
“SUPPORTIVE” LOOK
LIKE?



CREATING INCLUSIVE SPACES

DIVERSITY
WITHIN
COMMUNITY

SUPPORT
STUDENTS
COMING OUT

Don't Make
Assumptions

Gender
Neutral
Language

Call Out
Negative
Behavior

This is Not a
Taboo Topic!



WHEN SOMEONE COMES OUT



Thanks for trusting
me!



Is this something I
can talk to others
about?



How can I support
you? What support
do you need?



NORMALIZE PRONOUN USE



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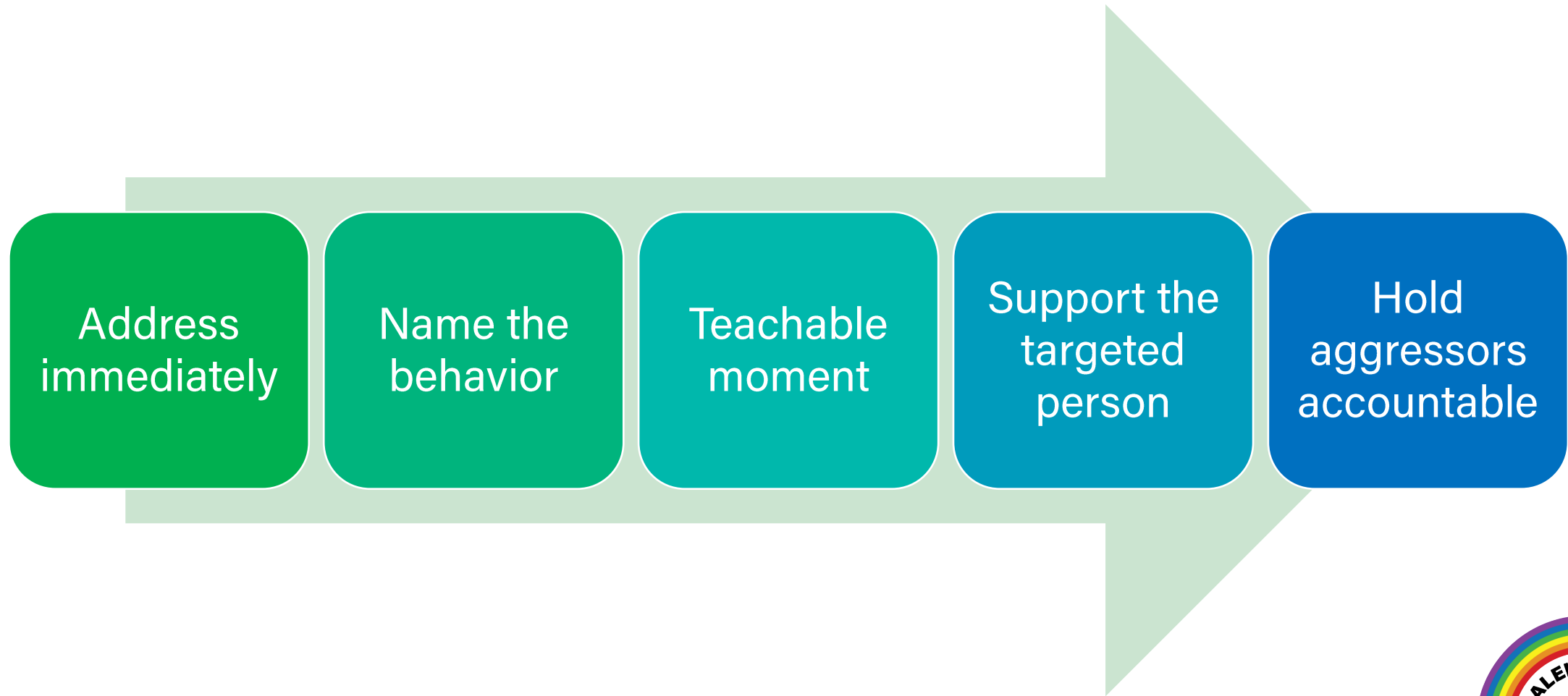
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HOW TO INTERVENE



REPRESENTATION IN CURRICULUM



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LGBTQ+ students feel safer and more supported with:



**Comprehensive anti-bullying and
anti-discrimination policies**



**Teachers and school staff who are
supportive of LGBTQ students**



Gender and Sexuality Alliances



An LGBTQ-inclusive curriculum



ACTION STEPS

What are some individual changes you can resolve to make moving forward?

What are some organizational changes your school/org/agency might want to consider making moving forward?



THANK YOU!

Please let us know how you're feeling now that this training is complete. →

Your response will help us evaluate and improve upon future programs!



Anonymous Evaluation!
tinyurl.com/kyctrainingeval

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